

## Living with peace of mind

Think of **Springhill** as a home from home





Enjoy a friendly, relaxed atmosphere with peace of mind knowing we're here to care for you 24 hours a day. We'll enable you to live a life as full as you're able, with our support.

It's our responsibility to make you feel safe, cared for, and at home. When you need nursing care, join us in a home from home, where we will create a care plan that suits your individual needs, and where you will also be able to enjoy the company of others.

**An Individual Approach** 

We place a high emphasis on the quality of our nursing care, and we believe this makes our homes stand out from others you might experience.

Our highly trained and qualified team of nurses and carers are on hand 24 hours a day, every day of the year.

Our approach is truly centred on you.

Whatever the support you need, we'll

work with you and your family to make
sure you are cared for and comfortable –
giving you peace of mind.

We provide care that maintains dignity and self-respect. For those with Dementia we encourage gentle activity and help stimulate memories that provide comfort and contentment.

Care is our focus. Offering afternoon tea to someone is one thing, making sure it's how they like it and having a chat is another. All our staff have "that extra element" in being helpful and caring to our residents.

And it's that ingredient that makes for a happy atmosphere – and a place where people enjoy living.



We believe in enablement – supporting people to feel capable again. As care professionals, we see it as our job to help you feel like yourself and achieve the things you want to. Even if it's just the little things such as getting up when you want or preparing your own breakfast.





#### **Our Rooms**

We try to make our rooms as homely as we can, and where possible encourage residents to bring some personal items to remind them of home. Our rooms have ensuite facilities and a nurse call system.

#### **Activities**

We have regular activities to get involved in and beautiful gardens to enjoy. We have a dedicated activities coordinator in each of our homes. We organise trips out.

We encourage participation in a range of daily activities while remaining respectful and reflective of the overall wellbeing and interests of each individual. Local community involvement incorporates visits to "Musical Minds" and local Tea Dances. Whether you enjoy flower arranging, painting, or a game of cards there is always something to do and somewhere to socialise.

#### Food

We take it to heart that good food can be a highlight of the day. Our Chefs take great pride in creating enjoyable and nutritionally balanced meals. There's always a choice on the menu and we can cater for special diets. We provide 3 meals a day, with snacks in-between, and do everything we can to cater for individual likes and tastes. We take time to understand your food preferences, and where required provide assistance with eating.

We maintain good levels of hydration and nutrition, particularly amongst our residents with memory loss.





### We aspire to be the leading care home in all our local communities

At Silverline Care it's our mission to provide high-quality care for our residents, give peace of mind for their families, and be a great place to work. You can watch a short video on our website www.silverlinecare.com to find out more about what we value and care about.

#### Investing in our homes and our people

 We invest in our people – offering training and development, open communication, proactively seeking feedback and always striving to be a great place to work.

- We invest in our homes each year to improve accommodation and quality standards. There are regular quality inspections to keep standards high.
- We also invest in technology, and have an electronic care plan system in place which means our staff can spend less time filling in forms and more time with our residents.
- We use research based practice to promote positive outcomes for those who live in Springhill, focussing on quality of life.

Springhill offers the ultimate combination of modern facilities and historic grandeur. The original part of the home is a beautiful, listed Georgian building and we have a modern, purpose built extension to the rear. Our home offers the best of both worlds. It's a warm and homely place to live with all the facilities you need to enjoy life to the full.





#### What people say

"Staff are very friendly and helpful. I enjoy the company of other residents."

"My wife's 51/2 years of care, comfort and support has given her a very good quality of life. Silverline's proposals for the future give me genuine cause for optimism that the future will be even better for my wife."

# Call or email us today and enjoy a coffee with us in our surroundings of splendour

#### **Springhill**

80 Portland Road, Kilmarnock KA1 2BS springhill@silverlinecare.com

01563 573 356

#### www.silverlinecare.com

